



October 10, 2024

NALC Branch #3
4845 Union Rd
Buffalo, NY 14225-1301

Dear NALC Branch #3,

On Monday, November 25, 2024 Chapter 439 of the National Active and Retired Federal Employees (NARFE) will be sponsoring an Open Season Health Fair. Plan representatives from Blue Cross Blue Shield will be talking about the benefits offered in their new Postal Service Health Benefits (PSHB) program. As you know, under the Postal Service Reform Act, all postal employees and annuitants will be required to select a health insurance plan in the PSHB program.

Attached is a flier about the Open Season Health Fair. Please feel free to photocopy it and share it with your membership. If you would like an electronic copy, please contact us at narfe439@gmail.com. This event is free and open to the public. You do not need to be a member of NARFE to attend.

If you are interested, enclosed is a membership application form for NARFE. Our members include postal and non-postal federal employees and retirees. We fight to preserve the pay and benefits of all federal employees and retirees and their dependents. Offering an Open Season Health Fair is just one of the many programs we sponsor each year. To learn more about us, visit our website at: www.narfe.org/chapter0439.

Sincerely,

Linda Suchocki
Linda Suchocki
Secretary, NARFE Chapter 439

National Active and Retired Federal Employees (NARFE)

Chapter 439 Presents

Open Season Health Fair

Monday, November 25, 2024

Featuring Blue Cross and Blue Shield
Independent Health



Under the Postal Service Reform Act, **all** postal employees and annuitants will be required to select a health insurance plan in the Postal Service Health Benefits (PSHB) program during the 2024 Open Season from November 11, 2024 to December 9, 2024. Learn about the options available to you. Remember – if you do not select a plan under the PSHB during Open Season, the Office of Personnel Management (OPM) will select a plan for you. Independent Health is NOT participating in the PSHB but will be participating in the Federal Employee Health Benefits (FEHB) plan.

Where: Auditorium, Harlem Road Community Center
4255 Harlem Road, Amherst, NY

When: 11:00 am Monday, November 25 2024

In New York State, the following carriers are offering PSHB plans:

HMOs: AETNA

FFS:
(Fee-for-Service/Nationwide Plans) APWU (American Postal Workers Union)
Blue Cross and Blue Shield
GEHA (Government Employees Health Association)
MHBP (Mail Handlers Benefit Plan)
NALC (National Association of Letter Carriers)
Rural Carrier Benefit Plan